



News



Olympic Gold Medalist – Jan Frodeno



Last year's pros, Mirinda Carfrae, Massimo Cigana, Belinda Granger, Richie Cunningham, Alexandra Louison & Chris Legh
High resolution image available at <http://www.lagunaresorts.com/~ftpdm/Pictures/LPT08PROS.JPG>

Media Contacts

Tel: +66 76 324 060
Fax: +66 76 324 061

Ms Natasha Eldred
Assistant Director of Marketing Communications
natashae@lagunaphuket.com

Ms Naravadee Swangridht
Public Relations & Advertising Manager
naravadees@lagunaphuket.com

Ms Debbie Dionysius
AVP of Destination Marketing
debbied@lagunaphuket.com

Online media centre at
<http://www.lagunaphuket.com/media-hub/>

www.lagunaphuket.com

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Olympic Gold Medalist Confirmed to Race at Laguna Phuket Triathlon 2009

The Laguna Phuket Triathlon organisers are excited to announce that German triathlete Jan Frodeno, who won his country's first triathlon gold medal at the Beijing Olympics in August 2008, will be competing in this year's "Race of Legends" in Phuket on 6 December.

In Beijing Frodeno edged out the pre race favourites in an exciting sprint finish to win a surprise gold medal. Frodeno has also recently struck a gold win in the ITU World Championship Series in Yokohama.

Making his debut in Phuket, Frodeno's presence will certainly add to the excitement as he battles it out with Australian defending champion Richie Cunningham and 2007 Laguna Phuket Triathlon champion, Massimo Cigana from Italy.

Laguna's reigning women's champion Belinda Granger of Australia will defend her crown following her maiden victory last year. Just three months after surgery on her Iliac artery, Granger returned to competition in style claiming victory in the Honolulu Ironman 70.3, and pushing 2006 Ironman 70.3 World Champion Samantha McGlone into second place. Granger's dynamism and winning spirit has also awarded her a recent second place in the Subaru Ironman Canada.

Now in its sixteenth year, the Laguna Phuket Triathlon is supported by the Tourism Authority of Thailand and Thai Airways International. Renowned as the "Race of Legends", the Laguna Phuket Triathlon boasts possibly more world champions racing in past fields than any other race in the world short of the Ironman Triathlon World Championship in Hawaii.

Apart from a tremendously exciting pro race, race organisers also anticipate the largest field ever at the Laguna Phuket Triathlon 2009. For the fifth consecutive year entries to the individual race have completely sold out with 950 individual athletes registered. In addition, 50 teams will be taking part in the team relay and there are still places left to enter the 6k Fun Run.

For further information on the Laguna Phuket Triathlon 2009 please visit www.lagunaphukettriathlon.com.

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About the Triathlon

Laguna Phuket Triathlon takes place Sunday 6 December 2009. Race start at 7am with a two wave swim start at the Laguna Beach Resort beachfront on Bang Tao Beach. The swim distance is 1.8km with a 100m sprint to swim the last 620m in a lagoon. The bike course is 55k and the run course is a 12k route around the Laguna Phuket complex.

Note to the Editor

Laguna Phuket is Asia's finest destination resort. A collection of deluxe hotel and villas, including: Banyan Tree Phuket, Dusit Thani Laguna Resort, Laguna Beach Resort, Sheraton Grande Laguna Phuket, Allamanda Laguna Phuket, Laguna Holiday Club Resort and Laguna Phuket Holiday Residences. All sharing 1000 acres of tropical parkland and three kilometres of beach frontage with the Laguna Phuket Golf Club, Canal Shopping Village, Banyan Tree Spa, four Angsana Spas, Laguna Wedding Chapel and Quest Laguna Phuket Adventure, a leading corporate training and outdoor recreation facility.